

Patient Instruction for Early Morning Urine (EMU) Collection

These samples are to test for slow growing bacteria and three consecutive samples are needed.

The first urine of the day needs to be taken into the first pot.

Label this specimen with your **Full Name, Date of Birth** and the **date and time**.

Store in a cool place.

Repeat on the next two days. This gives three consecutive samples.

When all three samples are complete, take the specimens and request form to either your GP or the Pathology Laboratory at Frimley Park Hospital.

Pathology Specimen Reception opening hours:

Mon - Fri 8am – 8pm

Saturday 9am – 5pm

Sunday 9am – 2pm

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Patient Advice & Liaison Office on

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